

GUIDANCE FOR COACHES

COACHING – GENERAL CONSIDERATIONS

As a coach you have a special responsibility in ensuring safety and well-being of players in your club and under your guidance. As well as the usual safety considerations there are now a great deal of additional precautions that you need to consider when considering coaching in your club.

- Ensure you have permission from the club to carry out coaching and you are familiar with their policies.
- Before coaching, as usual, please carry out a full RISK ASSESSMENT and talk to your club about how lessons can be delivered safely. Consider the corridor area, court and balcony, age and health profile of your client.
- Ensure courts are booked with the names of your clients and your name for contact tracing purposes.
- Consider using tape rather than cones etc. as these would need to be cleaned after each session.
- Ensure you have access to hand sanitiser and disposable paper towels.
- Confirm the health status (i.e. COVID-19 negative) of your client and their family prior to meeting them in the club by phone or e-mail.
- You will need to communicate clearly the expected behaviour on and off court regarding social distancing and contact with equipment and the court area (walls, floor, door and handles).

BEFORE THE LESSON

PHASE 3, June 29 (Highfield will not be open on this date but hope to return during this phase)

- One or two players may be on court at any one time – for juniors, a parent / guardian should be at a safe distance outside the court or on the balcony.
- You should operate outside of the court where possible, maintain safe social distancing when on court
- Your client(s) should arrive and depart as close as possible to the start time and be ready in their gear.
- You should use a new ball that will be handled just by the player for each session, or use a ball that is cleaned using disinfectant wipe before the lesson starts

PHASE 4, July 20

- Group coaching re-starts
- Match play permitted
- Maintain social distancing as far as possible both on and off court

Start of Season

Attend competitions/squads with players with social distancing and COVID19 hygiene standards maintained.

DURING THE LESSON

- Parent/guardian must remain outside the court or on a balcony and maintain social distancing.
- Don't allow players to touch any shared equipment.
- Try to avoid touching the ball with your hands during a coaching session.
- Do not touch your face with your hands.
- Maintain appropriate physical distancing at all times – including when giving feedback or while players are recovering.
- Any poor or inappropriate behaviour must be dealt with immediately in a polite fashion and if it is not stopped the session must be abandoned and the player sanctioned.
- Beware of any area touched by the player. Discourage any touching of the wall (hand drying, wiping) etc..

AFTER THE LESSON

- Both you and your client(s) should use hand-sanitiser immediately after the lesson.
- If you provided any equipment for the player it must properly disinfected after use (e.g. cleaned and a new grip on a racket).
- Observe the booking time intervals.
- The player(s) and/or you should clean the court and remove any sweat from the floor and walls and sanitise the door handle and any other areas.
- Avoid payments by cash if possible.